Finding Lines of Connection and Belonging

MINDKSHETRA
a place to create mind space

Community Drawing Activity

You don't need to be an artist! Choose a question that speaks to you and draw your answer using colours, shapes, patterns, lines or pictures.

This Is Me!

How do you see or imagine yourself?

If I Were an Animal or Bird...

What would you be?

Little Things That Bring Me Joy

What makes you smile?

If Happiness Had a Colour or Shape...

What might it look like?

My Connections

Who or what makes you feel connected?